### Nicole Dunbar Brush, M.A., NCC, LPC

### **Education:**

Marywood University, Scranton, PA
M.A. in Clinical Mental Health Counseling

January 2017

B.S. in Psychology (Clinical Track)

May 2014

### Honors:

Marywood University Dean's List Psi Chi Member Chi Sigma Iota Member Alpha Epsilon Lambda Member May 2013-May 2014

### Work History:

Thaxton Wellness Center- Scranton, PA Licensed Professional Counselor

July 2019-Present

- Perform intake assessments to establish client's needs for therapy
- Provide client a psychological diagnosis based off of symptoms
- Provide in individual therapy
- Design, monitor, and implement treatment plan
- Coordinate care with other professionals that are involved in client's treatment

# Luzerne Intermediate Unit 18- Kingston, PA Mental Health Professional

September 2017-Present

- Placed at the Riverside School District, Moosic PA
- Supervise a team of Behavioral Health Workers
- Perform psychological evaluations
- Establish preliminary diagnosis for psychologist review
- Design, monitor, and implement treatment plans
- Provide individual, group, and family therapy
- Use techniques and skills to de-escalate crisis

**Omni Health Services Inc.** – Scranton, PA <u>Outpatient Therapist</u>

March 2017- September 2017

- Perform intake responsibilities for new clients and assist them in completing biopsychosocial
- Establish preliminary diagnosis and preliminary treatment plan for the psychiatrist review
- Provide individual, couples, group and/or family therapy
- Maintain detailed progress notes of each session
- Manage at risk behavior or potential abuse/neglect situations and report to Clinical Supervisor
- Attend supervision with supervisor

## Geisinger Community Medical Center - Scranton, PA

Nov 2013-June 2017

### Mental Health Worker

- Help with patient's activities of daily living as needed
- · Work with patients on achieving their goals
- Provide therapeutic interventions
- Provide 1:1 counseling under supervision
- Conduct group therapy that meets group needs
- Demonstrate competency in seclusion procedure
- Use non-violent intervention techniques
- Document patient notes on EPIC

## Friendship House - Scranton, PA

Dec 2011-Dec 2012

### Mental Health Technician

- Maintained a safe environment for children
- Guided children through treatment plan provided by therapists
- Enhanced the emotional, behavioral, and social well-being of children
- Generated daily progress notes

### **Professional Experience:**

## Marywood University Counseling/Student Development Center- Scranton, PA

Aug 2016-Dec 2016

#### Graduate Intern-

- Provide individual counseling to students
- · Provide counseling for crisis walk-ins
- Document intakes
- Document notes on Titanium computer system
- Attend staff meetings
- Participate in and plan outreach events
- Member of Relationship Awareness Empowerment Taskforce (RAE)
- Social media coordinator for RAE
- Assist in event planning for "Release the Light" fighting against sexual assault
- Facilitator and support person for PACT Program educating freshman on sexual assault on college campuses
- Provided screenings and crisis intervention on Depression Screening Day

### Cancer Support Community Greater Lehigh Valley – Allentown, PA May 2016-Aug 2016 Graduate Intern –

- Facilitate support groups for children, adults, families, and caregivers affected by cancer
- Participate in outreach events to raise awareness on cancer and treatments
- Participate in stress buster classes including meditation, Tai Chi, Kempo, and yoga
- Meet for supervision weekly
- Conduct individual counseling for clients with Pancreatic Cancer

# Marywood University Counseling/Student Development Center – Scranton, PA Jan 2016 - May 2016

### Practicum Student-

- Provide individual counseling to students
- Take crisis walk-ins
- Document intakes
- Document notes on Titanium computer system
- Attend staff meetings
- Participate in and plan outreach events
- Member of Relationship Awareness Empowerment Taskforce (RAE)
- Social media coordinator for RAE
- Assist in event planning for "Release the Light" fighting against sexual assault
- Screen students for concerns with drugs and alcohol on Alcohol Screening Day

## Scranton Counseling Center - Scranton, PA

Jan 2013-Apr 2013

### Intern

- Instructed group therapy
- Documented progress notes
- Observed therapist and client individual therapy
- Observed doctor and client medication instruction and discussion

### Awards:

Robert B. Cormany Award of Excellence for Student Services Programs

April 2019

### **Professional Research Presentation:**

American Counseling Association Conference & Expo

April 2016

Sarah L. Davis, Kelly Clark, Melissa M. Gericke, Nicole Dunbar, Alyssa M. Galassi, Richard Joseph Behun, Shamshad Ahmed (2016). *Blurred Lines: Defining Counseling for Undergraduate Students Majoring in the Helping Professions*. Palais des congrès de Montréal/Montreal Convention Center, Montreal, QC, Canada

Chi Sigma Iota PA Statewide Conference

April 2016

Sarah L. Davis, Kelly Clark, Melissa M. Gericke, Nicole Dunbar, Alyssa M. Galassi, Richard Joseph Behun, Shamshad Ahmed (2016). *Blurred Lines: Defining Counseling for* 

Undergraduate Students Majoring in the Helping Professions. Marywood University, Scranton, PA

Marywood's Undergraduate Research Forum

April 2013

Dunbar, N. & Sulla, K. (2013). Effects of Dress and Job Title on Perception of Competence Level. (Undergraduate Research Forum). Marywood University, Scranton, PA

**Professional Organizations:** 

American Psychological Association—Member Since 2013

American Counseling Association-Member Since 2014

American Association of Suicidology, Clinical Division—Member Since 2021

### **Leadership Experience:**

Candy's Place. Forty Fort, PA June 2017-2019

• Lead clinician in the breast cancer support group

Ronald McDonald House of Scranton College Ambassador. Scranton, PA August 2013-December 2013

- · Coordinated "Awareness Wednesdays"
- Contributed in raising awareness about the Ronald McDonald House
- · Provided volunteer opportunities to those who are interested

Chi Sigma Iota Mental Health Counseling Program Representative. Scranton, PA February 2015-Present

- Act as a representative for the Chi Sigma Iota honor society
- Advocate for the Mental Health Counseling Program at Marywood University
- Help other members of Chi Sigma Iota put together community service events

Marywood University Mental Health Counseling Mentor. Scranton, PA

 Mentor to the first year graduate students in the Mental Health Counseling program at Marywood University

**Community Service:** 

Poison Prevention - Tiny Tots Learning Center Old Forge, Pennsylvania Hospice Bereavement Volunteer- Celtic Hospice Kingston, Pennsylvania Cancer Counselor Volunteer- Candy's Place Forty Fort, Pennsylvania NEPA LOSS Team Volunteer- Suicide loss support Lackawanna County

Certification:

National Certified Counselor – Certification number 75597 SAP Certified- Student Assistance Program

License:

Licensed Profession Counselor- PC011437